

# COACH EDUCATION & DEVELOPMENT 2023/24



WE ARE A PROUD CSA  
LICENSED QUALITY  
SOCCER PROVIDER

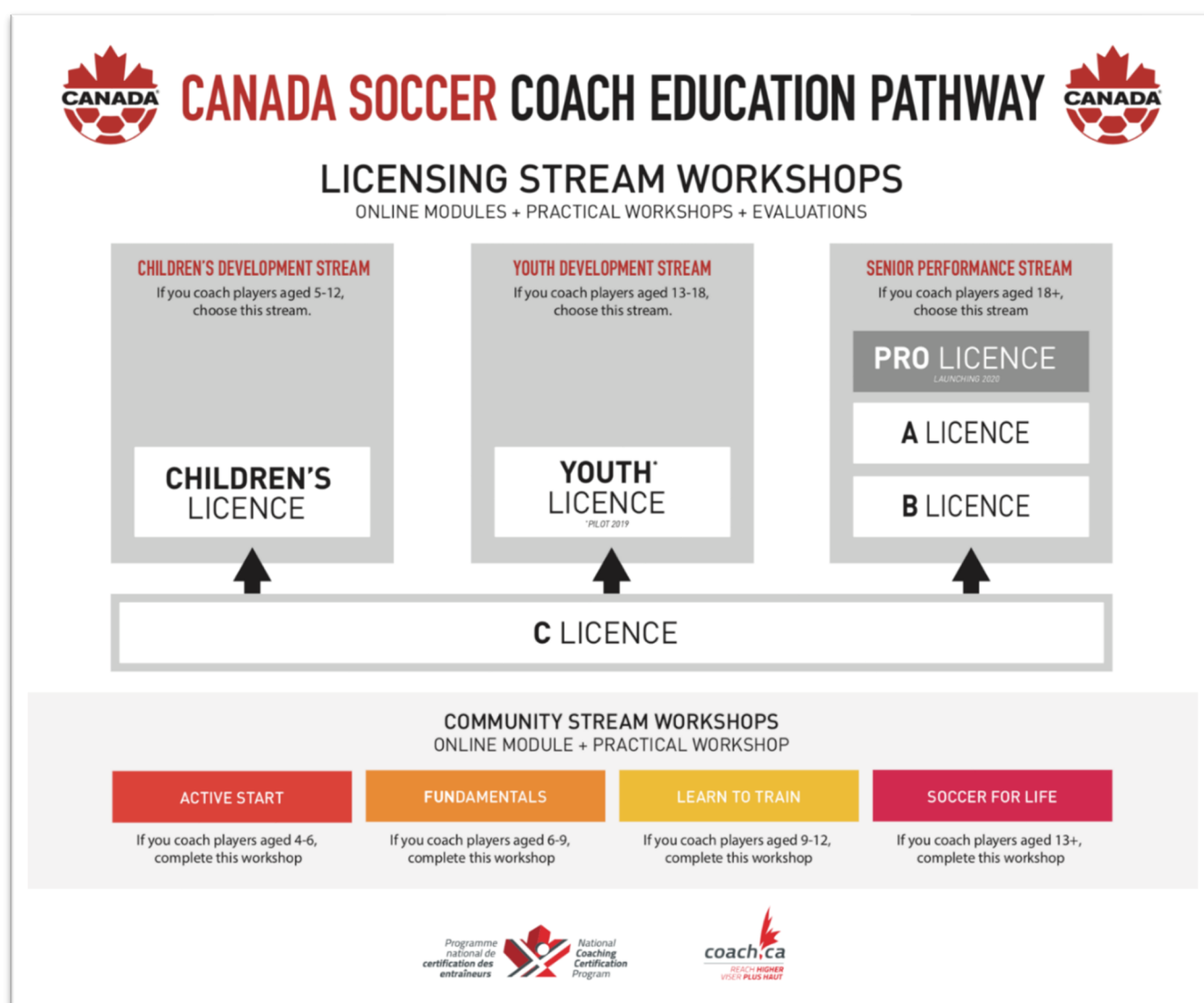


# Coaching Education Pathway

The **CANADA SOCCER COACHING EDUCATION PATHWAY** is established by the Canadian Soccer Association. It represents the pathway for Coaches to achieve the required level of education to coach player(s) in Canada, at all age groups.

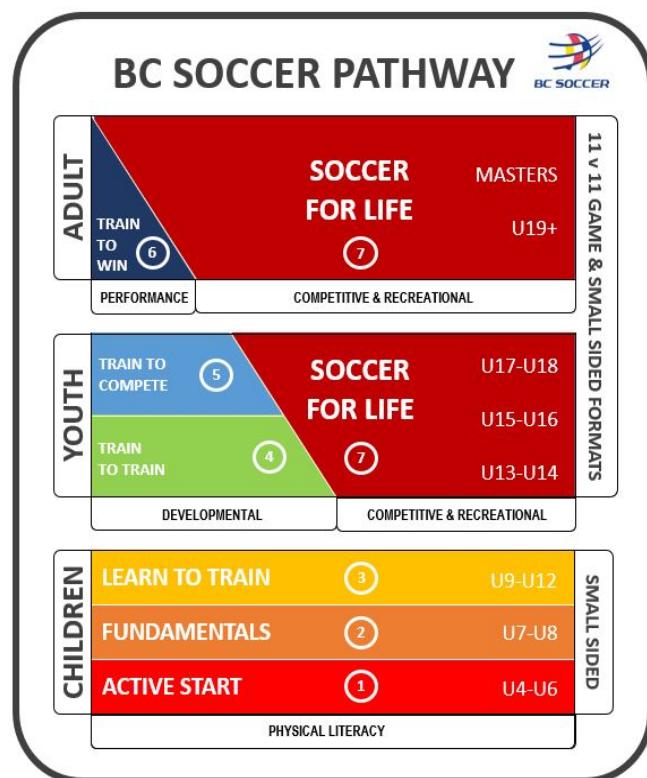
It is guided by the principles of Long-Term Player Development Model (LTPD) and aligned to the National Coaching Certification Program (NCCP) and the Coaching Association of Canada.

**BC Soccer** is responsible for the delivery of all Community Stream Workshops and C Licence. All other modules are the responsibility of Canada Soccer Association.



# Coaching Education Pathway (cont...)

The **BC SOCCER PATHWAY** below provides a summary of the programs, competitions and levels that soccer is played in British Columbia which include various environments and age specific coaching standards set by BC Soccer. It is a roadmap for **ALL** soccer players wishing to play the beautiful game regardless of age and ability.



## ADULT

<b>TRAIN TO WIN</b>	National A License Trained status is recommended for Head Coaches
<b>SOCCER FOR LIFE</b>	Soccer for Life Community Certificate is required for Head Coaches in Provincial Cup

## YOUTH

<b>TRAIN TO COMPETE</b>	National B License Trained status is required for Head Coaches
<b>TRAIN TO TRAIN</b>	
<b>SOCCER FOR LIFE</b>	Soccer for Life Community Certificate is required for Head Coaches and in Provincial Cup

## CHILDREN

<b>LEARN TO TRAIN</b>	Learn to Train Community Certificate is required for Head Coaches
<b>FUNDAMENTALS</b>	Fundamentals Community Certificate is required for Head Coaches
<b>ACTIVE START</b>	Active Start Community Certificate is required for Head Coaches

# Mandatory Coaching Certification

Canada Soccer is responsible for the development and certification of all coaches working with players across all environments in Canada, through its Coach Education & Certification Program.

Canada Soccer's Grassroots Coach Education Program has four workshops based on Stages 1, 2, 3, and 7 of the Long-Term Player Development Model.

The first three workshops, **Active Start**, **FUNDamentals** and **Learn to Train**, deal with soccer training and the importance of physical literacy for players up to 12 years of age. The fourth workshop is called **Soccer for Life** and focuses on working with players age 13 and older through to "master's soccer". The Soccer for Life stage includes a wide array of participants who play for fun and fitness, those who enjoy recreational soccer, as well as those who prefer to play competitively but not at a high-performance level.

**Coaches wishing to gain training through the Grassroots Coach Education Program would do so in the following manner:**

## Active Start Workshop

Designed for coaches of U4 to U6 players and consists of completing 1.5 hours of online training followed by a 2-hour Practical On-Field Workshop. No pre-requisites required.

## FUNDamentals Workshop

Designed for coaches of Boys U6-U9 and Girls U6-U8. It consists of completing 1.5 hours of online training followed by a 3-hour Practical On-Field Workshop. Coaches are also expected to complete the NCCP Make Ethical Decisions Workshop and Online Evaluation; the NCCP Making Headway Concussion Awareness Workshop, the NCCP Online Emergency Action Plan Workshop and the Respect in Sport Activity Leader Course. No pre-requisites required.

## Learn to Train Workshop

Designed for coaches of Boys U9-U12 and Girls U8-U11. It consists of completing 2 hours of online training followed by a 4-hour Practical On-Field Workshop. Coaches are also expected to complete the NCCP Make Ethical Decisions Workshop and Online Evaluation; the NCCP Making Headway Concussion Awareness Workshop, the NCCP Online Emergency Action Plan Workshop and the Respect in Sport Activity Leader Course. No pre-requisites required.

## Soccer for Life Workshop

Designed for coaches of Boys U13+ and Girls U12+. It consists of completing 2 hours of online training followed by a 4-hour Practical On-Field Workshop. Coaches are also expected to complete the NCCP Make Ethical Decisions Workshop and Online Evaluation; the NCCP Making Headway Concussion Awareness Workshop, the NCCP Online Emergency Action Plan Workshop and the Respect in Sport Activity Leader Course. No pre-requisites required.

**Note:** there is no evaluation in the Grassroots Coach Education Program. Coaches completing all of the expectations noted above will be classified as Trained Coaches.

To assist with the new *flex-delivery* model, our appointed **Technical Lead, Grassroots – Trevor O'Neill**, will facilitate the appropriate training and age-appropriate certification to those dedicated volunteers/coaches within the U4-U13 age categories, including First Kicks, Community League (Children's) Skill Centre, Sister Kicks and Super 8's programming.

**Colin Miller - Technical Director**, will facilitate the appropriate training and age-appropriate certification to those dedicated volunteers/coaches within the U13-Masters Soccer programming, including Divisional Youth and Adult teams.

The ASA Course Certification Calendar for 2024 is outlined below:

### ASA Certification Calendar 2024

CERTIFICATE	ACTIVE START	FUNDAMENTALS	LEARN TO TRAIN	SOCCER FOR LIFE
AGE GROUP	U4 to U6	U7 to U8	U9 to U12	U13 to U18
LF DEMO (On field Instruction)		TO BE DETERMINED		

# Coaching Sisters

## *Women's Coaching Development Strategy*

The ASA 'Coaching Sisters' initiative is rooted within the Sister Kicks program, dedicated to empowering young girls to be exceptional leaders, on and off the pitch. The program is run by two devoted ASA leaders, Courtney Dowdall and Sheri Hanson, who have implemented sessions that enrich the lives of players, youth leaders, and coaches alike.

Sister Kicks places immense value in offering game-based, interactive, and value-based session plans that challenge players to find creative solutions to nuances of the game. The Sister Kicks program provides a solid foundational training structure for both young female coaches and players by removing the access barriers women must often overcome when playing and working in sports.

There are four levels of opportunities for young women looking to get involved in mentoring, coaching, and leading young players in soccer (see club coach hierarchy). The coaching pathway begins with volunteerism. Youth Leaders (Gr:9 to Gr:12) accumulate 12 volunteer hours within the program where mentorship is provided by ASA staff, free training and coaching qualifications can be earned, and opportunities exist for professional development. ASA is happy to assist young women to achieve the volunteer hours they need for high school graduation and university prospects.

Once Youth Leaders have accumulated volunteer hours and completed relevant coaching certification, remuneration begins as a paid coach. This pathway provides young women with the opportunity and access to coaching and leading in soccer which is typically a male dominated field.

By way of enhancing the role and impact of "Females leading Females", the Sister Kicks program features a "Character Trait of the Week" whereby Youth Leaders and players focus on positive attributes such as honesty, courage, resilience, perseverance, and patience. Coaches and mentors elicit player responses by providing a safe space for players to talk about what traits motivate, inspire, and nurture them. This utilizes matriarchal and traditional indigenous principles of knowledge sharing as well as the sharing of responsibility, which in turn, teaches responsibility to youth leaders.

Through the Sister Kicks program, ASA is actively advancing gender equality in coaching by creating and promoting clear credible coaching pathways with support for women at each career stage.

# In House Coach Development

Along with meeting mandatory age-appropriate certification (to align with respective Charter requirements), it is also essential that the ASA provides all coaches with ongoing 'in-house' development and education opportunities.

These sessions are hugely important and cover a range of issues/topics, from an internal club perspective and for any updates and changes from various leagues, district/provincial bodies and other affiliated organizations and stakeholders.

It is only through the development, participation and support of these in-house coach development sessions that a coaching community can really come together and can influence the culture of a club.

In understanding the critical need for this on-going education requirement, the ASA has produced the following ***In-House Coach Development Calendar***, which all ASA Coaches should be made aware of and informed as to their required attendance, given its alignment with coaching rebate/credit program.

## **In-House Coach Development Calendar – 2023/2024**

SEASON	DATE	TIME	VENUE	NOTES
<b>FALL</b> <b>(Aug '23 - Feb '24)</b>  <b>Minimum Attendance</b> <b>4/6 required</b>	Sun 27 <sup>th</sup> Aug '23	6:30-8:00pm	Bateman Park	KO Meeting + Equipment
	Sun 29 <sup>th</sup> Oct '23	6:00-8:00pm	MRC #3	
	Sun 26 <sup>th</sup> Nov '23	6:00-8:00pm	MRC #3	
	Sun 17 <sup>th</sup> DEC '23	6:00-8:00pm	Ag-Rec Building	Season Social
	Sun 28 <sup>th</sup> Jan '24	6:00-8:00pm	MRC #3	
	Sun 25 <sup>th</sup> Feb '24	6:00-8:00pm	MRC #3	
<b>SPRING</b> <b>(Mar '24 – Jun '24)</b>  <b>Minimum Attendance</b> <b>3/5 required</b>	Sun 24 <sup>th</sup> March '24	6:30-8:00pm	Bateman Park	KO Meeting + Equipment
	Sun 14 <sup>th</sup> Apr '24	6:00-8:00pm	MRC #3	
	Sun 5 <sup>th</sup> May '24	6:00-8:00pm	MRC #3	
	Sun 26 <sup>th</sup> May '24	6:00-8:00pm	MRC #3	
	Sun 23 <sup>rd</sup> Jun '24	6:00-8:00pm	Bateman Park	Coach Game + Equipment Rtn

# Coach Support and Compensation

The coaching certification mandate is a critical component of the BC Soccer Club Charter and the recently launched Canada Soccer, National Youth Club License - <https://www.canadasoccer.com/overview-s17342>.

As a Canada Soccer, Quality Soccer Provider club, it is essential that all ASA coaches maintain this requirement.

ASA has highlighted **Coach Development**, as one of '5 Pillars' on which our organization will build for the future. Recognizing the time and effort commitment from Parents-Volunteers to step up and provide each player with a certified Coach, the ASA has adopted a **Coach Support and Compensation** program that provides best practice on-going educational coaching support and compensation. All Parent-Volunteers can expect to receive the following Coach Support & Compensation:

- ✓ **100% FREE child (1) registration\*\*** (*Received as a rebate, equivalent to one child registration fee, as credit towards the subsequent season – Conditions apply, see below*)
- ✓ **100% FREE Coach Certification**
- ✓ **Staff Coach Mentorship Program** (*appointed Age Group Staff Coach*)
- ✓ **Club Game Model** (*player & team development & philosophy*)
- ✓ **Technical Policy Manual** (*guidance for coaches, parents & players*)
- ✓ **In-House Coach Development** – *Seminars & Workshops (minimum attendance required - aligned with rebate program)*

\*\* Registration rebates/credits can be claimed where the Parent-Volunteer coach attains the following:

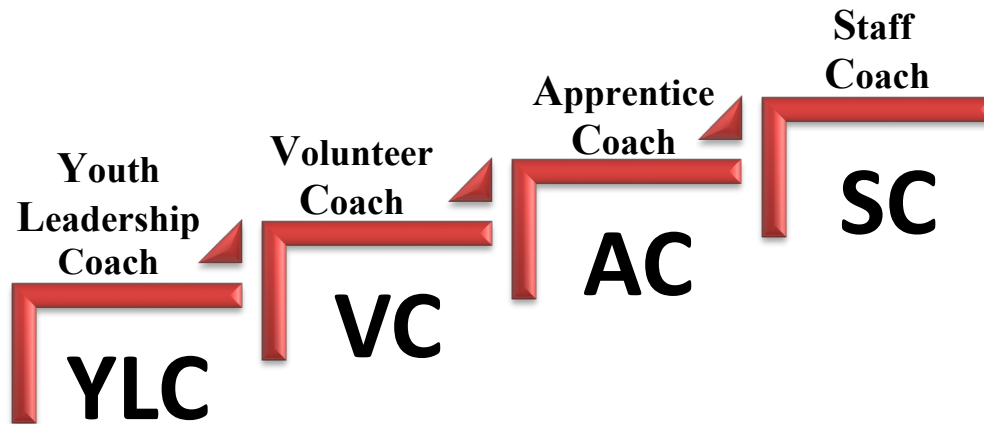
- **25% - Completed a full season with the respective team/program to which appointed.**
- **25% - Provided a clear CRC (>18yrs) and completed the age-appropriate coach certification (>16yrs)**
- **25% - Attended the minimum requirement of ASA in-house coach development sessions** (*see In-House Coach Development calendar*).
- **25% - Returned all club issue equipment at the end of the season.**

**All registered parent volunteer coaches, leading a team for a full season (as noted by the club Technical Director), will receive one registration credit towards the 2024 Spring season, for the same player, in the same program. For players graduating into a new program or for those who choose to transfer to a different program, any differential in the program fees will be payable (including any new kit requirements). No cash credits are applicable if a player drops to lower level of programming. If multiple parent-volunteers are assigned to the same team, the one registration credit will be divided equally.**

# Club Coach Hierarchy

ASA has four (4) levels of club coaching opportunities supporting ASA age group soccer programs.

They are formalized below in a 'staircase' approach to Club Coach Development.



All Coaches 16 years of age and older must obtain age-appropriate certification within 2 months of coach selection/appointment. The Club will make every effort to host the required age-appropriate course or find opportunities offered by surrounding regional club(s).

# Club Coach Profiles

## Youth Leadership Coach (YLC)

Grade 9-12 attending Secondary or Post-Secondary school and playing in ASA or affiliated soccer programs, such as FV Selects (Metro).

<16Yrs: Not of age to attend courses but, are still able to support First Kicks and Discoveries. They can earn Volunteer Leadership School credits. No compensation.

16 to 18Yrs: They are of age to attend age-appropriate certification courses and should make every effort to obtain. Depending on their level of coaching ability combined with their playing level, they support First Kicks, Community League or Sister Kicks programming. If they do not possess age-appropriate certification, they earn Volunteer Leadership School credits. If they do possess age-appropriate certification, they earn both Volunteer Leadership School credits and receive an honorarium. Depending on their coaching development, Youth Leaders can also find additional opportunities within the ASA Holiday Camp programming and/or the ASA Mini-Soccer Friendship Tournament.

## Volunteer Coach (VC)

Qualifications: May or may not have child in program.

Experience: Minimal to no coaching and/or playing experience. Committed to learning and attaining required Certification

Compensation: See Club Coach Matrix

## Apprentice Coach (AC)

Qualifications: Working through Community Stream certification and onto Licensing Stream.

Experience: Minimal coaching experience. Medium-High level of playing background. Committed to learning.

Compensation: See Club Coach Matrix

## Staff Coach (SC)

Qualifications: Canada Soccer C License or higher.

Experience: High level/advanced coaching background, with a proven record of player development.

Compensation: See Club Coach Matrix

# Club Coach Matrix

The table below offers a breakdown of the In-Club Coach Development program

POSITION	PROGRAMS	COACHING CERTIFICATION	DUTIES	TIME REQUIREMENT	BENEFITS
Youth Leadership Coach (YLC) <16 Yrs	First Kicks (U4 - U6)	Not Attainable	Assist Lead program coach.	Sessions are 45-60mins. Program runs in Spring & Fall	Volunteer Leadership School credits
	Children's Community League & Sister Kicks (U7 - U10)				
Youth Leadership Coach (YLC) 16 to 18 Yrs	First Kicks (U4 - U6)	Active Start U4-U6	Assist Lead program coach.	Sessions are 45-60mins. Program runs in Spring & Fall	Volunteer Leadership School credits + honorarium if they obtain required certification
	Children's Community League & Sister Kicks (U7 - U10)	Fundamentals U7/U8			
		Learn to Train U9/U10			
Volunteer Coach (VC)	First Kicks (U4 - U6)	Active Start U4-U6	Assist Lead program coach. Oversee game/stations	Sessions are 45-60mins. Program runs in Spring & Fall	✓ 100% FREE child (1) registration (conditions apply)  ✓ 100% FREE Coach Certification  ✓ Staff Coach support program  ✓ In-House Coach Education (seminars / workshops)
	Children's Community League & Sister Kicks (U7 - U10)	Fundamentals U7/U8	Oversee games and manage game time.	Sessions are 60mins. Program runs in Spring & Fall/Winter	
		Learn to Train U9-U12			
	Skill Centre (U8-U12)	Learn to Train U9-U12	Deliver 2x/wk training + game each week.	Sessions are typically 75mins. Program runs in Spring & Fall/Winter.	
	Divisional Team (U13-U18)	Soccer for Life U13+			
	Youth Community League (U11 - U18)	Soccer for Life U13+	Oversee games and manage game time.	Sessions are 60mins. Program runs in Spring & Fall/Winter	
Apprentice Coach (AC)	Skill Centre (U8-U12)	All relevant Community Stream  C Licence	Work alongside appointed Team or Program Head Coach in delivery of all aspects.	Sessions are typically 75mins. Programs run in Spring & Fall/Winter	✓ Remuneration inline with experience  ✓ 100% FREE Coach Certification  ✓ Staff Coach support program  ✓ In-House Coach Education (seminars/workshops)
	Super 8's (U11-U12)				
	Divisional Team (U13-18)				
	Excel Development Academy (U11-U18)				
Staff Coach (SC)	All	C Licence  Children's Licence  Youth Licence  National A/B Licence	Lead in any/all programming	As determined by program	✓ Remuneration inline with experience  ✓ 100% FREE Coach Certification  ✓ Coaching attire  ✓ In-House Coach Education (seminars/workshops)

