

## Wee-Kickers

The Wee-Kickers program for 2010 will be restructured and have a greater involvement for parents/facilitators.

The program will introduce the concept of a 'Master Coach,' who will be at each session to help coordinate, guide and support all the parent facilitators.

Each session will consist of a period (20-30 mins) of fun-based games, which will be Master Coach led but which involve the participation of all parent facilitators along with a parent/guardian for every child....a 1 with 1 concept!

Following a series of 'games,' which parents can continue to use at home, at the park etc...the players will be divided into small sided teams to participate in a game situation 3v3 or 4v4. Here parents will take a 'back seat' and allow the players some 'free-play' to end each of the sessions.

### **U6**

#### **OVERVIEW:**

Master Coach led training sessions that teach parents how/what games to play with their child at home or in the park etc...

Fun games utilizing one-to-one situations.

Introduction to 3v3 in the U6 training program.

#### **SEASON:**

Spring/Summer: July/August

Fall: Sept/Oct

### **U7**

#### **OVERVIEW:**

Age group training sessions at which a Master Coach will rotate through the teams, so that each week at least two teams and the coach work directly with the Master Coach.

Boys & Girls will be separated when compiling groups.

Games are 4v4 (No Gk's)

Coaches appointed to these teams, will be identified from the U6 program during the previous season.

#### **SEASON:**

Spring/Summer: July/August

Fall: Sept/Oct